



CENTRAL ELECTRIC POWER ASSOCIATION

A tradition of dependable, hometown service since 1937

CARTHAGE: 601-267-5671 | PHILADELPHIA: 601-656-2601 | RANKIN: 601-829-1201 | SEBASTOPOL: 601-625-7422

107 EAST MAIN STREET • CARTHAGE, MS 39051

2022 Service Awards

5 Years

Casey Bell
Mike Brooks
Kenneth Burkes
Donovan Irby
Aaron Shepard
Brandon Watkins

10 Years

Kim Clark

15 Years

Aaron Akers
Kelly Butler
Heather Jones
Glenda Pugh
Jeremy Shoemaker

20 Years

Kristin Ogletree
Sonny Palmer

25 Years

Eric Griffin

30 Years

Petty Leach

35 Years

Bill Lofton

Thank you for your years of service
to Central Electric Power Association.

MEET YOUR 2023 MISSISSIPPI ELECTED OFFICIALS

Central Electric Power Association salutes Mississippi's senators and representatives who represent our state in Washington, D.C., and at our state capitol in Jackson. We appreciate their dedication and willingness to serve in the spirit of public service to help shape the future of our state.

CONGRESSIONAL DELEGATION

SENATORS



ROGER WICKER
United States Senator



CINDY HYDE-SMITH
United States Senator

REPRESENTATIVES



TRENT KELLY
First District



MICHAEL GUEST
Third District



BENNIE G. THOMPSON
Second District



MIKE EZELL
Fourth District

NOW AVAILABLE

A free, interactive legislative app for Mississippi

ONLINE VERSION AVAILABLE AT WWW.ECM.COOP

The Electric Cooperatives of Mississippi offers an easy-to-use mobile app of Mississippi's state and federal elected officials. Look for "Mississippi Legislative Roster" in the Apple App Store. An Android version is also available through Google Play.



SENATE



Sen. Lydia Chassaniol
District 14: Attala, Carroll, Grenada, Leflore, Montgomery, Panola, Tallahatchie, and Yazoo counties
Address: P.O. Box 211 Winona, MS 38967
Family: Husband: Emmett; Children: Mimi, Mary Rae
Years in Legislature: 16



Sen. Barbara Blackmon
District 21: Attala, Holmes, Leake, Madison, and Yazoo counties
Address: 374 North West St. Canton, MS 39046
Family: Husband: Edward Blackmon Jr.; Children: Madison Edward, Bradford Jerome; Grandchildren: Enyla Chenise and Summer Rae
Years in Legislature: 19



Sen. Jenifer Branning
District 18: Leake, Neshoba, and Winston counties
Address: 235 W. Beacon St. Philadelphia, MS 39350
Family: Husband: Chancy Branning; Children: Ethan, Ellis, Evan
Years in Legislature: 7

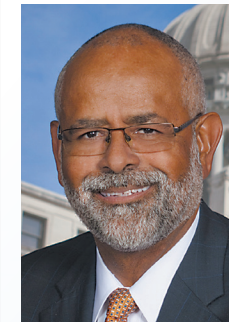


Sen. Tyler McCaughn
District 31: Lauderdale, Newton, and Scott counties
Address: P.O. Box 28 Newton, MS 39345
Years in Legislature: 3



Sen. Josh Harkins
District 20: Rankin County
Address: P.O. Box 320374 Flowood, MS 39232
Family: Wife: Andrea Scales; Children: Emerson, Carlyle
Years in Legislature: 11

HOUSE OF REPRESENTATIVES



Rep. Kenneth Walker
District 27: Attala, Leake, Madison, and Yazoo counties
Address: P.O. Box 265 Carthage, MS 39051
Years in Legislature: 7



Rep. Brent Powell
District 59: Rankin County
Address: P.O. Box 5454 Brandon, MS 39047
Family: Wife: Natasha Goff; Children: Blake, Mattie Frances
Years in Legislature: 10



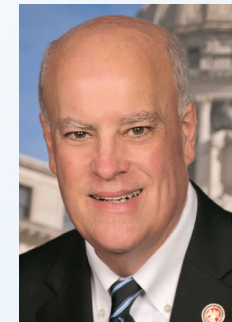
Rep. Michael T. Evans
District 45: Kemper, Lauderdale, Neshoba, and Winston counties
Address: 1147 Mount Harmony Rd. Preston, MS 39354
Family: Wife: Heather Luke; Child: Hannah
Years in Legislature: 11



Rep. Tom Miles
District 75: Rankin and Scott counties
Address: 807 Hwy. 35 S. Forest, MS 39074
Years in Legislature: 11



Rep. Randal (Randy) Rushing
District 78: Leake, Newton, and Scott counties
Address: P.O. Box 424 Decatur, MS 39327
Family: Wife: Lea Ann Kline; Children: Carrie, William, Katherine
Years in Legislature: 11



Rep. C. Scott Bounds
District 44: Leake and Neshoba counties
Address: 45 Carla Dr. Philadelphia, MS 39350
Family: Wife: Jennifer Cheatham
Years in Legislature: 19



Rep. Lee Yancey
District 74: Rankin County
Address: P.O. Box 4215 Brandon, MS 39047
Family: Wife: Courtney Fagan; Children: Benton and Blakeley
Years in Legislature: 7

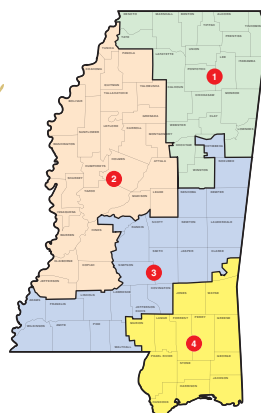


Rep. Jason White
District 48: Attala, Carroll, Holmes, and Leake counties
Address: P.O. Box 246 West, MS 39192
Family: Wife: Jolynn McLellan; Children: Sara, John, Carlyn
Years in Legislature: 11



Thank You

for a job well done to all our representatives and senators who represent constituents residing in our service area.



Should I change my CHARGING HABITS?

by Paul Wesslund

Many of us are so connected to our phones, tablets and laptops that we panic when their battery nears the dreaded 0% mark. We want our device batteries to perform well for as long as possible. But taking care of them can conflict with why we have our electronics in the first place. The point isn't to fret about battery life, it's to read and send e-mails, scroll on social media, take photos, and countless other pursuits.

If you ever find yourself fretting over your device's power levels, here are a few tips on striking the right balance between battery health and how you work and play.

Keep your battery about 40% to 80% charged.

There's a lot of reasonable advice around the internet to keep your phone charged between 20% and 80%, or between 40% and 80%. To understand those recommendations — and why you might want to either follow them or ignore them — it helps to understand how rechargeable batteries work.

Up until about 20 years ago, batteries benefitted from occasional “deep discharges”—running the battery down until the device shuts off. But because of different materials used in batteries today, that's not true anymore.

Rechargeable batteries work by containing two different materials that produce electricity when particles flow from one to the other. They flow the other direction when being recharged. That process will degrade any battery over time. Keeping both sides of the battery in balance, with the device charged at about 50%, will put the least amount of stress on the battery and make it last longer.

But that's unrealistic — no one's going to keep their phone half-charged all the time. So, the experts try to make it easier by recommending 40% to 80% or 20% to 80%.

Overnight charging can add stress to some batteries.

Charging your device up to 100% or letting it drain to 0% until it shuts down does put extra stress on the battery and can shorten its life. That's why it can make sense to charge your devices occasionally throughout the day rather than keeping them plugged in while you sleep.



Many of us are so connected to our phones, tablets and laptops that we panic when their battery nears the dreaded 0% mark.

Keep it cool, but not cold.

One absolute in battery care is don't let your device get warmer than 95 degrees. Keep it out of the sun, and never leave it in a hot vehicle. If the device does get hot, don't go to the other extreme and put it in the freezer. Just place it in the shade or take the cover off for a while.

Use less power.

It sounds simple, but one of the easiest ways to put less stress on the battery is to use less power. You can close energy-draining apps and functions when you're not using them, and you can activate energy-saving settings like putting the device to sleep sooner. Another easy way to reduce battery use is to activate the “airplane mode” button every now and then. You may be inconvenienced by a temporary pause on receiving e-mails or phone calls, but it might help you focus on that movie you're watching, the trail you're hiking, or the conversation with your dinner companions.

Paul Wesslund writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association.



Experts recommend keeping devices charged between 40% and 80% to prolong battery health.